

TEAMS OF TWO CHALLENGE



AUGUST 1 – AUGUST 28

The WMCHealth **Teams of Two Challenge** starts **August 1!**

The Teams Of Two Challenge uses the power of partnership to encourage social interaction and motivate participants as they compete with a partner - in teams of two!

WAYS TO EARN POINTS AND WIN PRIZES!



Walking &
Running



Cycling



Other Fitness
Activities

**ALREADY A WELLABLE MEMBER,
SIGN INTO YOUR ACCOUNT FOR
THE EAT WELL BE WELL CHALLENGE:**

<https://app.wellable.co/>



**IF YOU DON'T HAVE A
WELLABLE ACCOUNT, CREATE
ONE HERE AND JOIN THE FUN:**

<https://app.wellable.co/WMCHealth>



Wellable